

August 25, 2023

## **Ellie Mental Health Services**

In an effort to be creative in how we support our teachers to be their best, rendering them healthy, present and energized to best meet the complex needs of students, we are piloting a new program for counseling. Ellie Mental Health will provide a therapist at Lakes Middle School one day a week to be available for adults to participate in counseling during the school day. This voluntary program will allow teachers and other adult staff to schedule a session with a therapist before school, during their prep time, or after school. This service is free to the district, as Ellie Mental Health will bill insurance and adult staff will be responsible for the copay.

The contract has been approved by district leadership and vetted by the district's legal counsel. Lakes Middle School administrators have volunteered to pilot the program.

For more information, please review this <u>flyer of services</u> and contact Keith Orchard with questions.